

Group Name:	STROLLING	Leader: Christine Bluett
Meeting:	3 rd Wednesday of the month, 14:00-16:00	
Contact:	strolling@u3ameltonmowbray.org.uk	
<p>This is a new group and is aimed at those members who would like to get out and about in the fresh air, but are not able to go too far or too quickly. Members of all abilities are welcome to join us including those who use a mobility scooter. You will walk only as far or as quickly as you like. There will be circular walks of varying distance over very easy terrain and members can stroll along at their own pace or just sit on a bench and enjoy the fresh air if that's all they want to do. No-one will be on their own. We will always meet back at the starting point where we can get refreshments and have a friendly chat.</p> <p>So, whatever your ability, if you fancy some fresh air and friendly chat please contact the leader to find out where our next meet up will be.</p>		
Last Updated:	June 2019	